

Flipgrid PT No. 11 – 30 point quiz

“With Nicky” Video No. 10

Student examples

Record yourself demonstrating the following bowing skills.
Verbally introduce each skill before performing it.

1 point for introducing each example
4 points for demonstrating each example

From 10A

1. Without the bow- pushing and pulling
2. With the bow – pushing and pulling 100% of the bow with freedom, fluidity, and confidence

From 10B

3. Catch and Release (in a single stroke). Establish the “ka” sound.
4. Bow divided into quarters. This should not be in rhythm, but divides the bow into four equal sections.
5. Bow divided in half. Again, not in a rhythm.

From 10C

6. Save, then Travel.